

## A B S T R A C T

An indicator interposed between a liquid-impervious sheet and an absorbent core of a body fluid absorbent article 5 includes a water-absorbent sheet and indication elements held in close contact with the water-absorbent sheet. The water-absorbent sheet is preferably formed from porous thermoplastic films having a total luminous transmittance of 40 % or lower in a dry state and 60 % or higher in a wet state.